**【児童の発育チェック表】**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 氏　名 | 実施日 | ／ | ／ | ／ | ／ | ／ | ／ | ／ | ／ | ／ | ／ | ／ | ／ |
|  | 身長 |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重 |  |  |  |  |  |  |  |  |  |  |  |  |
| 胸囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 頭囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 栄養状況 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 身長 |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重 |  |  |  |  |  |  |  |  |  |  |  |  |
| 胸囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 頭囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 栄養状況 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 身長 |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重 |  |  |  |  |  |  |  |  |  |  |  |  |
| 胸囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 頭囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 栄養状況 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 身長 |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重 |  |  |  |  |  |  |  |  |  |  |  |  |
| 胸囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 頭囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 栄養状況 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 身長 |  |  |  |  |  |  |  |  |  |  |  |  |
| 体重 |  |  |  |  |  |  |  |  |  |  |  |  |
| 胸囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 頭囲 |  |  |  |  |  |  |  |  |  |  |  |  |
| 栄養状況 |  |  |  |  |  |  |  |  |  |  |  |  |

※　保育所保育指針において、「発達状態の把握方法としては、定期的に身長・体重・胸囲及び頭囲を計測し、前回との比較をする方法が最も容易で効果的」とあるので、「頭囲」及び「胸囲」についても、測定することが望ましい。

※　栄養状況についても、身長曲線・体重曲線等を活用し、確認を行うことが望ましい。