

City-Sponsored Vaccination & Checkups for Children (子ども用)



Koshigaya Health Care Guide for FY 2025 (保健ガイド) As of April 1, 2025

Check the Health Care Guide (HOKEN GUIDE, Japanese version), page 4 & 7, where available medical facilities are listed.

Vaccination Schedule (予防接種) Note: Live vaccines () must have an interval of 27 days or more between doses.				
Vaccine		Number of Doses	Interval between doses	Eligibility
Rotavirus	Rotarix (RV1)	2	27 days or more	6 - 24 weeks old
	RotaTeq (RV5)	3	27 days or more	6 - 32 weeks old
Hepatitis B		3	Between 1 st and 2 nd dose: 27 days or more Between 1 st and 3 rd dose: 139 days or more	Until 1 year old
Hib (Hemophilus Influenzae type b)	Primary series	3	27 - 56 days	1 st dose: 2 - 7 months old
	Booster dose	1	7 - 13 months after the primary series	Until 60 months old
Pediatric Pneumococcal Vaccine	Primary series	3	27 days or more	1 st dose: 2 - 7 months old 3 rd dose:12-15 months old
	Booster dose	1	60 days or more after the primary series	Until 60 months old
BCG (Bacille de Calmette et Guérin)		1		Until 1 year old
DPT-IPV (Diphtheria, Pertussis, Tetanus and Polio)	Primary series	3	20 - 56 days	2 - 90 months old
	Booster dose	1	12 - 18 months after the primary series	Until 90 months old
DPT-IPV-Hib (Diphtheria, Pertussis, Tetanus, Polio and Hib)	Primary series	3	20 - 56 days	2 - 90 months old
	Booster dose	1	6 - 18 months after the primary series	Until 90 months old
Chickenpox		2	6 - 12 months	12 - 36 months old
MR (Measles and Rubella)	Primary dose	1		12 - 24 months old
	Booster dose★	1	Until March 31, 2026	Born between April 2, 2019, and April 1, 2020
Japanese Encephalitis	Primary series	2	6 - 28 days	6 - 90 months old
	Booster dose	1	About 1 year after the primary series	Until 90 months old
	Additional Booster dose★	1	After the booster dose	9 years old - the day before the 13 th birthday* (For children born on April 1, 2007, or earlier: Until the day before the 20 th birthday)
HPV (Human Papillomavirus) ★ *This vaccine can reduce cervical cancer risk.		2 or 3	The recommended intervals and schedules for HPV vaccination vary depending on the type of administered vaccine and the age of the recipient.	1) Female students aged 12 - 16 2) Born between April 2, 1997 and April 1, 2009 and received HPV vaccine once or more between FY 2022 and 2024.
DT★ (Diphtheria and Tetanus)	Additional Booster dose	1		11 years old - the day before the 13 th birthday
When Are Eligible Children Notified about these Vaccinations? ➤ About vaccines marked with ★: When the child reaches the eligible age range for each vaccination. ➤ Others: Before the child reaches age 2 months. *Pre-vaccination questionnaires to be filled will be sent, attached with all vaccination-related documents.				

Parents’ Guide to City-Sponsored Vaccination (予防接種を受けるときの注意事項)	
What To Bring: 1. Maternal and Child Health (MCH) Handbook 2. Completed pre-vaccination questionnaire Eligibility: Recipients must have a domicile in Koshigaya City on the date of vaccination. *Those moving out on the day of vaccination are not eligible. General Recommendations: ●Before receiving a vaccine, guardians should proactively search for information about potential side effects. ●Those feeling unwell (e.g. being feverish) should not receive a vaccine. ●Follow the required intervals between doses for multi-dose vaccines. If the proper schedule is not followed, vaccines may not be publicly subsidized. Other Important Notes: For the latest information, check “KOHO KOSHIGAYA (monthly city’s newspaper)” or the city website, etc. If you have any questions or inquiries, contact the Health Promotion Section at the Municipal Health Center.	If a Vaccination is Missed during its Eligible Age Period
	If your child has not completed their vaccination by the eligible age, it’s required to contact the Health Promotion Section at the Municipal Health Center.
	When Getting Vaccinated outside Saitama Prefecture, etc.
	You must make a prior application by submitting a request form, which is available at the City Hall. Contact the Health Promotion Section for more details. Note: Application procedures are not required at affiliated medical facilities.
	If Parents Cannot Accompany with their Child
	Children’s relatives (aged 18 or older) may accompany as their guardian on condition that they submit a proxy letter. How to Write Proxy Letters? Refer to the city website or sample letter attached with pre-vaccination questionnaire forms.

Routine Checkups (乳幼児健康診査)			
4-month-old Checkup		10-month-old Checkup	
Eligibility: Ages 4-5 months		Eligibility: Ages 10-11 months	
Venue: Check the Health Care Guide (HOKEN GUIDE, Japanese version), page 7, where available medical facilities are listed.			
Note: Contact the Health Promotion Section if you have not received a notification about the checkups even when your child reaches age 2 months.			
18-month-old Checkup		3-year-old Checkup	
Eligibility: Ages 13-24 months		Eligibility: Ages 40-48 months	
Venue: Municipal Health Center			
Date & Time: Notified one month before the scheduled day. To reschedule, contact the Health Promotion Section at the Municipal Health Center.			
Note: If the child has not undergone this checkup without a reservation at the age of 22/46 months, we may contact you by phone or home visit to confirm your intention.			
Checkup Date		Birth Month	
2025	Apr 7,18,25	2023	Aug
	May 16,20		Aug - Sep
	Jun 3,17,27		Sep - Oct
	Jul 7,15,25		Oct - Nov
	Aug 4,8,22		Nov - Dec
	Sep 8,26		Dec - Jan
	Oct 6,17	2024	Jan - Feb
	Nov 4,17,28		Feb - Mar
	Dec 1,12,26		Mar - Apr
2026	Jan 13,23,26	2026	May - Jun
	Feb 13,17,27		June - Jul
	Mar 3,9		July
Checkup Date		Birth Month	
2025	Apr 11,14,22	2021	Nov
	May 12,23,27		Nov - Dec
	Jun 9,20,24		Dec - Jan
	Jul 4,14,22	2022	Jan - Mar
	Aug 1,18,26		Mar - Apr
	Sep 5,16,29		Apr - May
	Oct 3,10,20		May - Jun
	Nov 10,14,21		Jun - Jul
	Dec 5,8,19		Jul - Aug
2026	Jan 9,16,20		Aug - Sep
	Feb 6,10,16		Sep
	Mar 6,10,17		Sep - Oct
Note: Consultation service on child's development is also available. Medical professionals (public health nurses, occupational therapists, speech therapists, clinical psychologists and doctors) can give you advice. For more details, contact the Municipal Health Center.			
5-year-old Checkup			
Eligibility: Born on April 2, 2020, or later			
Venue: Municipal Health Center			
Note : A questionnaire to be filled is sent to each eligible child until they reach 5 years old. Based on answers provided in this questionnaire, the detailed checkup information (schedule, etc.) will be sent to only those who need to take the checkup.			
What's Included: The doctor sees the child, measures weight & height, counsels and more.			
For Inquiries : Municipal Health Center, Health Promotion Section (KENKO ZUKURI SUISIN KA), Tel: 048-961-8040			
Address/Access: 〒343-0023 Koshigaya City, Higashi-koshigaya 10-31			
From Koshigaya Station, east exit			
Take the ASAHI BUS bound for:			
•Koshigaya Shiritsu Byoin		•Sogo Koen (via Koshigaya Shiritsu Byoin)	
•Iki-iki-kan		•Mashibayashi Chiku Center	
•Koshigaya Laketown Station North Exit			
From Minami-Koshigaya Station, north exit			
Take the ASAHI BUS bound for:			
•Koshigaya Shiritsu Toshokan-ma'e		•Hanata	
•Koshigaya Station East Exit		•Hanata Dai-yon Koen	
From Minami Koshigaya Station, south exit			
Take the TAROs BUS bound for:			
•Higashi-Saitama Techno polis		•Matsubushi Terminal	
•Taro's Honsha-ma'e		•Mashibayashi Koen (Koshigaya-shi Sa'l'jo)	
From Koshigaya Laketown Station, north exit			
Take the ASAHI BUS bound for:			
Koshigaya Station East Exit (via Koshigaya Shiritsu Byoin)			
Bus Stop: Koshigaya Shiritsu Byoin-mae			

City-Sponsored Screenings & Vaccinations for Adults (成人の検診)

Koshigaya Health Care Guide for FY 2025 (保健ガイド) As of April 1, 2025

For Inquiries: Health Promotion Section (KENKO ZUKURI SUISHIN KA), Municipal Health Center (HOKEN CENTER)
Tel: 048-961-8040,
〒343-0023 Koshigaya City, Higashi-Koshigaya 10-31



Check the Health Care Guide (HOKEN GUIDE, Japanese version), page 4, 7 and 10, where available medical facilities are listed.

	Colorectal Cancer	Stomach Cancer	Lung Cancer (and Tuberculosis)		Breast Cancer		Cervical Cancer
			Choose your preferred one.		Choose your preferred one.		
Screening Period	May 10 - November 10	May 10 - November 10	May 10 - November 10	September – October Reception hours: 11:00 - 11:45am	May 10 – August 31 *May10 – November 10 at some medical facilities	May 10 – September 27	May 10 - November 10
Venue	Clinic/hospital	Clinic/hospital	Clinic/hospital	Municipal Health Center/ Community Center	Clinic/hospital	Municipal Health Center / Community Center	Clinic/hospital
Reservation	Reservation is NOT required. Just visit your preferred venue.	Contact your preferred venue directly.	Reservation is NOT required. Just visit your preferred venue.	Not required (in principle) *Those who wish to undergo TOKUTEI checkup on the same day: Reservation required	Contact your preferred venue directly.	Apply online. Check the city website for the details.	Not required *Reservation required at: Minami Koshigaya Ken Shinkai Clinic, Hori Naka Ladies Clinic, Sato Maternity Clinic and Koshigaya Seiya Clinic
Eligibility	Ages 40 and older in this fiscal year	Ages 40 and older in this fiscal year	Ages 40 and older in this fiscal year *Those aged 65 and older must undergo annual tuberculosis screening, according to a Japanese law.		Women aged 35 and older in this fiscal year who: 1. Were born in <u>January, March, May, July, September, or November</u> 2. Did not have the screening in the previous fiscal year Note: They are advised to undergo a breast cancer screening once every two years.		Women ages 20 and older in this fiscal year *Excluding those who undergone a cervical cancer at prenatal checkups in April 2025 or later.
Test	Fecal occult blood test	Gastroscopy or stomach x-ray examination *Ages 40, 45, 50, 55, 60, 65, 70, 75 in this fiscal year, excluding those who have undergone the blood test / H. pylori eradication therapy: Blood test (pepsinogen and H. pylori test) is also available upon request.	All: Chest x-ray Those with smoking index ≥ 600: Sputum test added *Smoking Index = (Cigarettes per day) × (Years of smoking)		Clinical test and/or mammography (x-ray imaging method) * *Schedule a mammography AFTER undergoing a clinical breast exam. *Mammography is optional at some facilities.	Mammography (x-ray imaging method)	Uterine cervix cytology (pap smear) *For those recommended by the doctor: Cervix cytology from the uterine corpus can be added.
Fee	¥500	¥2,000 Plus ¥500 for blood test	¥500 for chest X-ray Plus ¥500 for sputum test	¥300 for chest X-ray Plus ¥500 for sputum test	¥1,500		¥1,000 for uterine cervix cytology ¥1,700 for uterine cervix AND body cytology
Result	Notified in person at the venue	Sent by postal mail *If undergoing blood test: Results are notified in person at the venue.	Sent by postal mail		Sent by postal mail		Notified in person at the venue

Note: If you prefer getting vaccinated outside Koshigaya City, contact the Health Promotion Section 14 days prior to the scheduled vaccination day.

	Viral Hepatitis	Prostate Cancer	Vaccination for the Elderly (高齢者の予防接種)				Oral Health (歯と口の健康)	
			Pneumococcal Disease	Shingles (Herpes Zoster)	Influenza	COVID-19	Oral Cancer	Periodontal Disease
Screening Period	June 1, 2025 – February 28, 2026	June 1, 2025 – November 10, 2025	April 1, 2025 – March 31, 2026	April 1, 2025 – March 31, 2026	October 1, 2025 – January 31, 2026		May 1, 2025 – February 15, 2026	May 1, 2025 – February 15, 2026
Venue	Clinic/hospital	Clinic/hospital	Clinic/hospital	Clinic/hospital	Clinic/hospital		Dentistry clinic	Dentistry clinic
Reservation	Not required. Just visit your preferred venue.	Not required. Just visit your preferred venue.	Contact your preferred venue directly.	Contact your preferred venue directly.	Contact your preferred venue directly.		Contact your preferred venue directly.	Contact your preferred venue directly.
Eligibility	1)Never have undergone a hepatitis screening 2)Have an increased risk 3)This year's TOKUTEI KENSHIN checkup results show impaired liver function. Note 1: Those currently receiving treatments for hepatitis/cirrhosis are <u>not eligible</u> . Note 2: Each can undergo this screening once at most per fiscal year.	1) Men aged 50, 55, 60, 65, 70, 75 in this fiscal year 2) Men aged 51 - 74 in this fiscal year who did not undergo a prostate cancer screening within the past four years.	1)Ages 65 on the day of vaccination 2)Ages 60 – 64: ● Have a Disability Handbook (Grade 1) for heart, kidney or respiratory conditions, immunodeficiency caused by HIV infection. ● Diagnosed with the same (or equivalent) condition as those mentioned above. *Those who have received pneumococcal vaccine (Pneumovax 23) before are not eligible.	1)Ages 65, 70, 75, 80, 85, 90, 95, 100 in this fiscal year 2)Ages 60 – 64: ● Have a Disability Handbook (Grade 1) for immunodeficiency caused by HIV infection. ● Diagnosed with the same (or equivalent) condition as those mentioned above. *Those who have received shingles vaccine before are excluded in principle.	1)Ages 65 and older on the day of vaccination 2)Ages 60 – 64: ● Have a Disability Handbook (Grade 1) for heart, kidney or respiratory conditions, immunodeficiency caused by HIV infection. ● Diagnosed with the same (or equivalent) condition as those mentioned above.		Ages 40 and older in this fiscal year	Ages 20, 30, 35, 40, 45, 50, 55, 60, 65, 70 Note: A screening coupon is sent to eligible people by postal mail at the end of April.
Test/ Vaccination	Blood test	PSA blood test	A single dose of a pneumococcal conjugate vaccine (subcutaneous or intramuscular injection)	● 2 doses of recombinant vaccine (Shingrix): Intramuscular injection ● A single dose of live vaccine (BIKEN): Subcutaneous injection	1 dose (subcutaneous injection)	1 dose (intramuscular injection)	Visual and palpation examination	Screening and instruction on oral care
Fee	Free of charge	¥800	¥3,000 (in principle) *Free of charge for those who meet certain conditions, which are listed in the Health Care Guide (HOKEN GUIDE), page 10.	Shingrix: ¥12,000 BIKEN: ¥4,000 Note: Free of charge if certain conditions are met. Check the Health Care Guide (HOKEN GUIDE), page 10, where they are listed.	¥1,500	Undetermined* *Notified in the city monthly paper when decided. Note: Free of charge if certain conditions are met. Check the Health Care Guide (HOKEN GUIDE), page 10, where they are listed	¥900	¥500
Results	Notified in person at the venue						Notified in person at the venue	Notified in person at the venue
Pre-vaccination Questionnaire			1) Ages 65 on the day of vaccination: Sent by postal mail the following month after they reach 65 years old. 2) Ages 60-64: Contact the Health Promotion Section in advance.	1) Ages 65, 70, 75, 80, 85, 90, 95, 100: Sent by postal mail at the end of March 2025 2) Ages 60 – 64: Contact the Health Promotion Section in advance.	Available at every venue.			

Children and Families Support Center - Core Functions & Responsibilities (こども家庭センター)

Note: Visit the city website for more details.

Location: City Hall, 2nd Bldg.-2F

Address: 〒343-8501 Koshigaya City, Koshigaya 4-2-1

Tel. 048-963-9179 (direct line)

Business Hours: 8:30 AM – 5:15 PM on weekdays

Issue Maternal and Child Health (MCH) Handbook (母子健康手帳)

To receive a MCH handbook, pregnant women WITH a DOMICILE in KOSHIGAYA CITY must visit the Children and Families Support Center with the following items:

Required Documents:

1. My Number Card (individual number card) or Individual Number Notification Card
2. Valid identification (either one from List A* or two from List B*)
3. Residence Card (for foreign nationals only)

*List A (Photo IDs):

- Driver’s license
- Passport
- Basic Resident Register Card
- My Number Card (individual number card)
- Certificate issued by a government office

*List B (Non-photo IDs, etc.):

- Health Insurance Eligibility Verification Certificate
- Pension Handbook (Pension Certificate)
- Long-term Care Insurance Card
- Student ID
- Employee ID
- Certificate issued by a government office

Important: Mothers must attend an in-person interview to receive a handbook. Each interview takes approximately 30 minutes.

Note: If you move to Koshigaya City during your pregnancy, the prenatal checkup coupons that you received from the municipality of your previous domicile will no longer be valid. You will need to apply for new coupons.

Provide Maternal Support Benefit (NINPU SHI’EN KYUFUKIN) (Since April 2025) (妊婦支援給付金)

Since April 2025, a new support program has started for families with a child as an alternative of a program providing Childbirth & Child Rearing Support Benefit (KOSODATE O’EN KYUFUKIN).

Under the new program, families with a child can still:

- Receive cash benefit.
- Use consultation services all through the pregnant/child-rearing period.

Subsidize Maternal Checkups and Newborn Hearing Screenings (妊産婦健康診査、新生児聴覚スクリーニング検査・越谷市妊産婦健康診査等費用助成)

✓ If You Have Discount Coupons

You can use the coupons at:

- Most Obstetrics & Gynecology clinics within Saitama Prefecture
 - Designated medical facilities in Tochigi, Ibaraki, Gunma, Chiba, Tokyo and Kanagawa Prefecture
- Inquire each medical facility or Children and Families Support Center for more details.

✓ If You CANNOT Use Discount Coupons

There is a program which can subsidize part of the cost of the maternal checkups and newborn hearing screenings. Apply AFTER undergoing the checkups/screenings at a medical facility in Japan.

Eligibility: You must meet certain requirements (e.g. having a domicile in Koshigaya City on the day of checkup/screening).

Subsidy Amount: Actual costs will be paid, up to a certain limit.

Application Period: Until 1 year after the child’s birth

City-Sponsored 1-Year-Old Checkup (1か月健康診査)

Eligibility: Older than 27 days and younger than 6 weeks

Venue: Designated hospitals/clinics in Koshigaya City

Note: A notification is sent out along with a medical questionnaire at 6-7 months pregnant.

*If undergoing the checkup at a NON-designated hospital/clinic, make an application to receive subsidy which can cover the checkup fee.

Newborn Home Visit (妊産婦・新生児訪問)

Overview: Midwives/public health nurses visit families with a newborn once to conduct/provide:

- Measurement of newborns’ height and weight
- Child-rearing advice and support
- Guidance on available administrative services… and more

Eligibility: Mothers with a newborn (ages under 4 months old)

Fee: Free of charge

How to Apply: Complete and submit the SHUSSHO RENRAKU HYO (green-colored post card-sized form) to the City Hall or Northern / Southern Branch Office at the timing of applying for children’s high-cost medical expenses program.

Note: Even if you’re temporarily outside Koshigaya City (e.g. at your parents’ house after childbirth), you may still be eligible. If you wish to request home visit in your parents’ neighborhood area, contact the Child and Families Support Center.

Postpartum Midwifery Cares

1. Consultation Services (産後支援事業)

What’s Included : Support for physical & mental recovery after childbirth
Breastfeeding guidance (massage techniques, etc.)
Instructions on how to bathe your baby

Eligibility: Mothers with a newborn under 4 months old

Venue: Designated midwifery clinics (see the table below) or child’s home

How to Apply: Contact your preferred midwifery clinic directly.

Items to Bring: Completed application form (SANGO SHI’EN JIGYO RIYO HYO), MCH handbook and valid ID

Fee: Inquire each clinic directly. Up to 1,000 yen will be subsidized once per mother.

2. “HAGU” Program (産後ケア事業「はぐ」)

What’s Provided : Midwives conduct a home visit and/or daycare (daytime or overnight)

Venue: Designated midwifery clinics (see the table below) or child’s home

Eligibility: Mothers with a baby aged under 12 months who need/s special care and support (e.g.) Those having experienced stillbirth or miscarriage

How to Apply: Application can be made from 2 months prior to childbirth. Contact the center at least one month in advance of the day you wish to use the service. Mothers must attend an interview with staff of the center at the time of application and describe their circumstances.

Midwifery Clinic	Address	Contact Number	Consultation With Midwives	Home Visit	Overnight Daycare	Daytime Daycare
A G O R A	Kawarazone 1-11-13	048-960-4777	✓	✓	✓	✓
T A K I T A	Hanata 2-17- 4	048-964-3664	✓	✓	✓	✓
M A K I O K A	Omanocho 1-35-12	080-6553-3924	✓	✓	✓	✓
M A C H I N O	Laketown 8-11-1, Laketown Okura Building 401	048-948-7103	✓	✓		
S A T O	Minamikoshigaya 2-2-12- 402	048-993-4408	✓			
M I N A M I	Kitakatsushikagun Matsubushimachi Shimoakaiwa 294-2	090-6939-6896	✓	✓		
T E N N A	Fukuroyama 453-13	080-4249-0057	✓	✓		
T O K A D O	Gamo 2-14-48-5	090-8039-5419	✓	✓		