



No.351 June 2024

Koshigaya Messenger

Issued around the 5th of every month. It can also be read on the website of International Affairs (KOKUSAIKA).

International Affairs ☎048-963-9114
(Koshigaya City Office, Main Building 3F,
Community Activity Support Section)



Website



Instagram

Health

Heatstroke Prevention

Heatstroke is a condition that occurs when the body cannot regulate its body temperature properly in hot weather. Anyone can develop heatstroke. Be careful not only while doing physical activity but also when indoors.

4 points to prevent health-related conditions:

1. Stay out of the heat.
2. Suitably hydrate yourself.
3. Be careful especially on hot days.
4. Look after your health.

If you notice that you have signs of heat exhaustion, you should:

- Go to a cooler place.
- Remove any unnecessary clothing to cool down.
- Drink fluids and hydrate yourself.

*If your condition doesn't get better, you should receive medical treatment at a clinic/hospital.

*In case of emergency, call 119 for an ambulance.

Inquiries : Health Promotion Section (KENKO DUKURI SUISIN KA) ☎048-960-1100

Annual Health Checkup

Free of charge

	Regular Checkup	Checkup for the Elderly
When	Individual checkup: From June 1 to November 10 Group checkup: From September 2 to October 28	
Target People	Members of National Health Insurance (Age: From 40 to 74)	<u>Members of Health Insurance System for the elderly aged 75 or older /those with disabilities aged 65 or older</u>
What to Bring	1) Checkup coupon (You should fill it out beforehand). 2) Health Insurance Card *Additional items to bring For those who had a checkup last year: A document showing its results For a group checkup: Notification showing your eligibility for receiving it	
Application	Individual checkup: Directly contact the hospital/clinic. Group checkup: Make an application online or send the application form using the reply envelope by Friday, June 21 (The reply envelop is sent together with the application form and a checkup coupon).	
Inquiries	National Health Insurance and Pension Section (KOKUHO NENKIN KA)	
	☎048-963-9154	☎048-963-9170

Useful
Information

Childcare Service for Sick Children

There are childcare services for sick children in Koshigaya City. If you want to use this service, you are required to create your own account on the Internet beforehand.

How: Make a reservation through “AZUKARU KO CHAN”
(an online reservation service).

Usage Fee: 2,000 yen /day (Only cash can be accepted.)

*Free of charge for some households with financial difficulties
(e.g. households receiving public assistance (*seikatsu hogo*))

Inquiries: Child Policy Promotion Section
(KODOMO SHISAKU SUISIN KA)

☎048-963-9165



Laketown Daycare for
Sick children



Kita Koshigaya Daycare
for Sick Children



You can also make a
reservation on LINE.

Refrain from Driving on Flooded Roads

When cars drive through flooded roads, they create waves. These waves can cause significant impact on houses and pedestrians.

Also, trying to drive through flooded road can lead to water entering the car through door gaps, which can cause malfunction of the car and accidents.

Make sure to refrain from driving in such conditions.

Inquiries: Road Administration Section (DORO SOMU KA) ☎048-963-9201



Special Cash Benefit in relation to Increased Cost of Living

*Only households who are registered as residents of Koshigaya as of June 3, 2024 are eligible.

*If you have received this cash benefit before, you are not eligible for receiving benefit this time.

	Benefit Category	Target People
①	Benefit for Resident Tax-exempt households	Households exempted from Resident Tax in the year 2024 (All members of a household must be exempted.)
②	Benefit for households exempted from Resident Tax per income basis	Households exempted from Resident Tax on per income basis in the year 2024 excluding those who fall under ① (They are not exempted from Resident Tax on per capita basis).
③	Additional benefits for those with children	Households who fall under ① or ② with child aged 18 or younger (The child must be born on April 2, 2006 or after.)

Amount of Benefit: 100,000 yen /household

*50,000yen will be added for each child aged 18 or younger.

Application: Target people will receive a confirmation letter by post.

Make an application during the period between July 1 and October 31 (postmark valid)

Inquiries: Special Cash Benefit Call Center

☎0120-616-377

A Mobile Play Park/Car

Free of charge

A mobile play park (car) is a specially designed vehicle equipped with various playing equipment. The design and nickname of the mobile play bus of Koshigaya has been decided thanks to submission by citizens.

Departure Ceremony of the Mobile Play Car

When: 11:00 AM on June 6.

(The ceremony will be canceled in case of heavy rain.)

Venue: Koshigaya SOGO (General) Park

What: The mobile play bus will be open to public until 5:00 PM on the day after the ceremony.



Inquiries: Youth Affairs Section
(SEISHONEN KA) ☎048-963-9308

June Schedule of the Mobile Play Park

When	What Time	Where
Every Thursday	From 11:00 AM to 5:00 PM	Higashi Koshigaya DAI NANA Park (Hanata 1-4)
Every Friday and Saturday		Koshigaya SOGO (General) Park (Mashibayashi 3-1)

*It will be closed on: June 27, 28, 29, July 4 and 5

What you can do: Water play, wood working, cardboard play, etc.

Anyone can come directly to the venue without reservation!



Koshigaya Public Swimming Center

There are heated pools and fitness center in the swimming center.

Closed Days: Every Monday (If Monday falls on a national holiday, the following day will be closed instead.)

Heated Pools Schedule

1. 9:30 AM to 12:00 Noon
2. 1:00 PM to 3:30 PM
3. 4:00 PM to 6:30 PM
4. 7:00 PM to 9:30 PM

Fitness Center Schedule

From 9:30 AM to 9:15 PM

*When it is crowded, entrance might be limited.

*Check the website, scanning the two-dimensional code on the right for the details.



Website↑

Inquiries: Koshigaya Public Swimming Center ☎048-922-6602

Japanese Language Classes for June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						★Lingual Koshigaya 1 ★Kosumo Kodomo Kyoshitsu ★Tabunka Kodomo Gakushu Juku
						★Lingual Koshigaya 8 ★Kosumo Kodomo Kyoshitsu
2	3	★Minna de Nihongo 4	★Nihongo Circle ★Kosumo Nihongo Salon 5	6	★Nihongo de GO!① 7	★Lingual Koshigaya 15 ★Kosumo Kodomo Kyoshitsu ★Tabunka Kodomo Gakushu Juku
9	10	★Minna de Nihongo 11	★Nihongo Circle ★Kosumo Nihongo Salon 12	13	★Nihongo de GO!② 14	★Lingual Koshigaya 22 ★Kosumo Kodomo Kyoshitsu
16	17	★Minna de Nihongo 18	★Nihongo Circle ★Kosumo Nihongo Salon 19	20	★Nihongo de GO!① 21	★Lingual Koshigaya 29 ★Kosumo Kodomo Kyoshitsu
23	24	★Minna de Nihongo 25	★Nihongo Circle 26	27	★Nihongo de GO!② 28	
30						

Minna de Nihongo 【¥500 per month】

🕒 Tuesdays, 10:00AM - 12:00Noon
 🏠 Koshigaya City Central Community Center
 (Chuo Shimin Kaikan), 5F
 ☎ 048-989-6342 (Imaizumi-san)

Kosumo Nihongo Salon 【¥100 per session】

🕒 Wednesdays, 7:00PM - 8:30PM
 🏠 Hot Koshigaya (Parte Kita-Koshi, 3F)
 ☎ 090-5347-2041(Kojima-san)



Nihongo de GO! 【¥100 per session】

🕒 Fridays, 1:30PM - 3:30PM
 🏠 ①Co-op Plaza Koshigaya
 ②Minami-Koshigaya Community Center (Pallette)
 ☎ 090-5574-7070 (Takayama-san)

Lingual Koshigaya 【Free】

🕒 Saturdays, 10:00AM - 12:00Noon
 🏠 Koshigaya City Central Community Center
 (Chuo Shimin Kaikan), 5F
 ☎ 080-3478-3314 (Suzuki-san)
 *Please send a text before you attend.

Nihongo Circle 【¥100 per session】

🕒 Wednesdays, 10:00AM - 12:00Noon
 🏠 Koshigaya City Central Community Center
 (Chuo Shimin Kaikan), 4F or 5F
 ☎ 080-5405-9191(Tanaka-san)
 *Childcare: Prior reservation required
 ¥100 per family



Tabunka Kodomo Gakushu Juku 【Free】

🕒 1st & 3rd Saturday of the month
 1:30PM - 3:30PM
 🏠 Koshigaya City Community Activity Support
 Center (Koshigaya Twin City, B City, 5F)
 ☎ 090-7422-2002 (Ogawa-san)

Kosumo Kodomo Kyoshitsu Kosumo Nihongo Salon Sengendai 【Free】

🕒 Saturdays, 1:30PM - 3:30PM
 (except for 5th Saturday of the month)
 🏠 Saitama Resona Bank, Sengendai b
 3F, Resona YOUTH BASE
 ☎ 090-8310-9522
 (Students Learning Support In-charge)

